

World Restart a Heart 2021 – how we get the best results



Introduction & contact information speakers

Speakers

- **Face to face strategies**

Jason Carlyon (Yorkshire, UK)

Email: jason.carlyon@nhs.net



Jason Carlyon has worked within the UK Ambulance Services for over 25 years. In 2014, he initiated the first mass CPR training on Restart a Heart day in Yorkshire and has been pivotal in his roll out across UK ambulance services and also internationally through his role with RCUK. Since 2014 over 150,000 children have been trained in Yorkshire alone where they have seen an increase in bystander CPR rates. In 2019, he was invited to Sri Lanka as a founder member of their Restart a Heart campaign.

It is a project to maximise the delivery of CPR training to school children and communities through empowering students to become Restart a Heart Ambassadors. Building on years of successful Restart a Heart campaigning resulting in over 150,000 school children taught this project aims to provide a sustainable, scalable model for maximum impact and educational enrichment.

- **Online & social media strategies**

Nadine Rott (Cologne, Germany)

Email: nadine.rott@uk-koeln.de

Nadine Rott is a health economist (M.Sc.) working in the Department of Anaesthesiology and Intensive Care Medicine of the University Hospital of Cologne and for the German Resuscitation Council. In both positions I'm engaged with the topics of lay resuscitation and creating/ increasing awareness for out of hospital cardiac arrests and have worked on the World Restart a Heart campaign for Germany.



- **ERC approach to WRAH – One project in one year**

Carlo Clarens (*Luxembourg*)

Email: carlo.clarens@lrc.lu



Carlo Clarens is an experienced retired head-nurse in EMS; ERC - BLS - PBLs - BIC instructor, LRC CO; National Coordinator for EuReCa & OHCA projects; F.E.R.C, permanent representative & secretary of LRC.

- **Using WRAH to change national policy**

Giuseppe Ristagno (*Bologna, Italy*)

Email: gristag@gmail.com

Giuseppe is an anaesthesiologist and established researcher in the field of cardiac arrest and CPR. Member of the Scientific Committee organizing VIVA! CPR Awareness Campaign and KSL campaign in Italy since 2013.



Moderators



- **Anna Bichmann (*Berlin, Germany*)**

Email: anna.bichmann@googlemail.com

Anna Bichmann has graduated in 2014 from Norwich Medical School, the University of East Anglia in the UK, and worked within pre-hospital care specifically in motorsports and event medicine, and crowd doctor since 2015. In 2020 she completed a Research fellowship in Singapore establishing an EMAS-DUKE research collaboration. She has completed her prehospital emergency physician training and is in her final year of clinical training in anaesthesiology at Charité in Berlin. There she acts as one of the ILCOR representatives and coordinator of the Journal Club. One of her projects in collaboration with Jena University Hospital and Sepsis Network, focuses on the analysis of the quality of life and reintegration to normal living after sepsis. Within the European Resuscitation Council, she acts as the Young Investigator Representative since 2019.

- **Bernd Böttiger (Köln, Germany)**

Email: bernd.boettiger@uk-koeln.de



Professor Böttiger studied Medicine at the Medical Faculty, University of Heidelberg, Germany. After he was trained as anesthesiologist at the Enzkreisklinikum and the University of Heidelberg, he started his research career at the Max-Planck-Institute for Neurological Research, Cologne, Germany. During the same time, Professor Böttiger was also involved in medical research at several Universities in the United States. From 2002 until 2007 Professor Böttiger worked as a Chief Senior Physician and Vice Chairman of the Department of Anaesthesiology at the University of Heidelberg. Professor Böttiger is now Professor and Head of the Department of Anaesthesiology and Intensive Care Medicine, University Hospital of Cologne. From 2009 until 2016 he was board member of the German Society of Anaesthesiology and Intensive Care Medicine (DGAI). Furthermore, he is Chairman of the German Resuscitation Council (GRC) since 2012. He is working for the European Resuscitation Council (ERC) since 2008, initially as Chairman, 2013 - 2020 as Director Science and Research and since 2020 as Treasurer. Since 2014 Professor Böttiger is member of the German Academy of Sciences Leopoldina. Since 2015 he is board member of the German Interdisciplinary Association for Intensive and Emergency Medicine (DIVI) and since 2017 he is elected as member of the advisory board of the DIVI-foundation. Since 2017 he is elected as a member and since 2021 as Chair of the Scientific Committee "Critical Emergency Medicine" of the European Society of Anaesthesiology and Intensive Care (ESAIC). Furthermore, he is reelected as a member of the "Advanced Life Support" (ALS) task force of the European (ERC), and he is delegate to the International Liaison Committee on Resuscitation (ILCOR). In 2019 Professor Böttiger has been elected as International Fellow of the American Heart Association (FAHA).

Professor Böttiger is specialized in Anaesthesiology, Emergency and Intensive Care Medicine, and his research focus is resuscitation, especially bystander CPR, KIDS SAVE LIVES and cerebral reperfusion.

- **Andrew Lockey (Halifax, UK)**

Email: Andrew.Lockey@resus.org.uk



Andrew Lockey is a consultant in emergency medicine at the Calderdale & Huddersfield NHS Trust, Halifax

Andy is Vice President of Resuscitation Council UK, and also a member of the ERC Development Committee for Education. He has a specialist academic interest in medical education and has been involved with international guideline production with ILCOR since 2005.